

Below is a summary of PCBU's obligations regarding the management of First Aid emergencies in the workplace. The *First Aid in the Workplace Code of Practice 2021* provides practical advice about the selection, provision, maintenance and use of First Aid equipment, facilities, and services at a workplace. Compliance with the Code will ensure that you comply with your obligations under the *Work Health and Safety Act 2011* & *Work Health and Safety Regulation 2011*.

FIRST AID TRAINED PERSONNEL & EQUIPMENT

The *Work Health and Safety Regulation 2011 s42 (1) & (2)* states in part –

Duty to Provide First Aid

A person conducting a business or undertaking at a workplace must ensure:

- provision of first aid equipment
- each worker at the workplace has access to the equipment
- access to facilities for administering first aid, and
- an adequate number of workers are trained to administer first aid, or workers have access to an adequate number of other people who have been trained to administer first aid.

The *Work Health and Safety Regulation 2011 s42 (3)* states –

The person conducting the business or undertaking must have regard to all relevant matters including:

- the nature of the work being carried out at the workplace; and
- the nature of the hazards at the workplace; and
- the size and location of the workplace; and
- the number and composition of the workers and other persons at the workplace.

A documented Risk Assessment should be undertaken to ensure that the requirements and obligations of the legislation are met.

Life International Training delivers the following training and service to support your business First Aid requirements.

HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION – COURSE OUTLINE



- Managing an Emergency
- Infection Control
- Chain of Survival
- The Incident Reporting
- The Law & First Aid
- Basic Life Support Flowchart
- CPR Techniques
- Defibrillation
- Defibrillation Safety & Maintenance
- Variations for Pregnant, Child & Baby Casualties
- Respect & Privacy

HLTAID0011 PROVIDE FIRST AID – COURSE OUTLINE



- What is First Aid
- First Aid Kit Contents
- Shock
- Fainting
- Head Neck & Spinal Injuries
- Seizures
- Stroke
- Allergic Reaction
- Heat & Cold Injuries
- Respiratory & Cardiac Disorders
- External & Internal Bleeding
- Burns
- Poisons, bites, & stings
- Fractures & soft tissue injuries
- Asthma
- Drowning

UETDRRF06 PERFORM RESCUE FROM A LIVE LOW VOLTAGE PANEL – COURSE OUTLINE



- What is Low Voltage
- Electrical Work & the Law
- What is Live Work
- Identifying the Risk
- Effects of Electric Shock
- Other Possible Injuries
- First Aid for injuries
- Risks to the Rescuer
- The Rescue Kit
- Performing a rescue
- Post incident management
- Practical exercises

WORKPLACE FIRST AID KITS

To ensure compliance with the ACT approved Work Health & Safety - First Aid in the Workplace Code of Practice 2020, All workers must be able to access a first aid kit. This will require at least one first aid kit to be provided at their workplace.



First Aid Training is certified and conducted by Life International Training (NPN 30326).